

特別講演 3

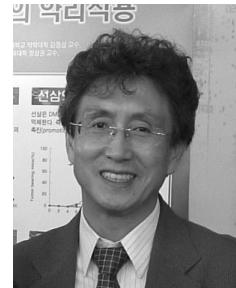
「韓国における補完代替医療」

—Evidence Based Complementary Medicine—

Sung Jae Lee, M.D, PhD

韓国補完代替医療学会理事長

Director & Professor Pediatric Cardiology, Gachon Medical School, Incheon, Korea
President, The Korean Society of complementary & Alternative Medicine(KSCAM)



The increasing use of complementary and alternative medicine(CAM) in Korea as well as in U.S.A. and Europe seems to lead to a growing integration of CAM with conventional medicine. By using conventional medicine with CAM proved in efficacy and safety, integrative medicine seeks to treat the whole person, to assist the innate healing properties of each person and to promote health and wellness as well as the prevention of diseases. Also in chronic disease including cancer patients, integrative medicine serves as an interdisciplinary, comprehensive, and children-centered care which results in more effective care by synergistically combining therapies. The CAM practised widely in Korea are oriental medicine including acupuncture, homeopathy, ayurveda, phytotherapy(western herb), clinical nutrition, dietary supplement, venom therapy, chelation, chiropractics, prolotherapy, biofeedback, music therapy, art therapy, hydrotherapy, aroma therapy, etc. But in Korea the research to prove the efficacy and safety of CAM and the education for CAM in the medical school and the enactment of CAM related law should be proceed before applying them to patients. The Korean Society of Complementary and Alternative Medicine(KSCAM) and the Institute of Oriental-Western and Complementary Medicine will make an effort to prove the efficacy and safety of CAM and to establish the curriculum for CAM in the medical school.

Key Words : CAM, Integrative medicine

Curriculum Vitae

Name: Sung-Jae Lee, M.D., PhD

1983 Graduation from Freie University, Berlin, Germany

1987 Residency in pediatric department, Chapel Hill University, N.C., U.S.A.

1989 Fellow in pediatric cardiology, Georg-August University, Goettingen, Germany

1993 Ph.D. in pediatric cardiology, Georg-August University, Goettingen, Germany

Since 1997

Professor, Director, Depart. of Pediatric Cardiology at Gacheon Medical University, Korea

Director, Department of Integrated Medicine

President, the Korea Society of Complementary & Alternative Medicine [KSCAM]